

**Abstract**

The present invention relates to systems and methods for implementing an optimized power conservation communication protocol, wherein the communication link is flexible and the power consumption characteristics are optimized. One facet of the system's flexibility relates to the system's ability to negotiate device control roles associated with a polling communication link. Also, once the device control roles are in place and the communication link is established, the system selectively implements a number of polling protocols for a multitude of applications that need a low power consumption. In some embodiments the system maintains a communication link with a reduced frequency polling protocol. This type of communication link maintains efficient power consumption characteristics, as well as, connection times that are faster than establishing a communication link between disconnected devices.